

CTC NORTHAMPTON

CYCLING PROGRAMME

NOVEMBER 2013 - FEBRUARY 2014



CTC Rides and Events, organised by CTC Northampton - the local group of the UK's national organisation for cyclists.

This programme is updated every 2 months and the final month is subject to change.

Events organised by CTC Northampton in **bold**.

Our aim is to run each ride as advertised below. Any changes or (exceptionally) cancellations will be advertised on our Yahoo e-mail group and, if possible, the club website and other electronic media. **Cyclists are advised to check for messages or contact the leader a day or two before the ride for any updates.**

For insurance reasons, club rides are for members but **we welcome non-members** on a trial basis for up to **three rides**. **Rides marked (*) are special events open to all - ask us for details.**

*Please note that spaces for the **Maintenance Classes** are limited. Please email our secretary if you are interested in one or more of these sessions.

StartDate	StartTime	Miles	Rating	Type	Location	Subject	Stops	MeetingOrganizer
Sun Nov 17	9:30	45	B	Club	MCP	Woodford Mill	Woodford Mill	Bill Simpson 07736 600858
Wed Nov 20	19:30			Class	Northampton	Maintenance Class - Specials		email secretary*
Sat Nov 23	9:30	25	B	Brisk	EH	Mystery Ride!		Philip Gray 01604 720522
Sat Nov 30	9:30	30	B	Club	CC	Mostly off-road route through Northampton's woods and parks. MTB advised.	Salcey Forest	Phil Letts 07867 388592
Sun Dec 8	9:30	42	B	Club	MCP	Braybrook	East Farndon	Brian Tunbridge 01604 622073
Tue Dec 10	19:30					Rides Planning and Committee Meetings		
Sun Dec 15	10:00	20	D	Leisure	EH	Ride to Christmas Lunch Booking Essential! Details here on the website.	Towcester (weather permitting)	Bill Simpson 07736 600858
Sun Jan 5	9:30	35	C	Leisure	BVW	Sibbertoft New Year's Lunch. Lunch MUST be booked with Max Scott (01536 712507) by December 01st. Return at own risk.	Waterloo Farm	Bill Simpson 07736 600858
Sat Jan 11	9:30	40	B	Brisk	CC	Cogenhoe, Castle Ashby, Wollaston,	Irchester	Phil Letts 07867 388592

						Earls Barton, Moulton		
Sun Jan 19	9:30	45	B	Club	MCP	Kelmarsh	Kelmarsh	Iain Dawson 0790 999 2468
Sat Jan 25	9:30	18	D	Leisure	MCP	Hardwick Round (2 hours or there abouts)	J Gallery	Brian Tunbridge 01604 622073

KEY

CLASS

- A = Advanced (typically over 60 miles, 14+ mph average riding speed)
- B = Challenging (typically 45-60 miles, 12 mph average riding speed, or shorter-and-faster)
- C = Moderate (typically 35-45 miles)
- D = Leisurely (typically 10-30 miles)
- E = Easy/beginners (typically 10-20 miles)

TYPE

- Brisk = brisk-paced ride
- Club = steady ride
- Tourist = includes historical or other visit
- Leisure = short distance, easy pace
- NMK = ride run by CTC Northamptonshire & Milton Keynes
- National = CTC or other national event
- Evening = Evening ride to a social meet
- Social = Social meet without a planned ride

START

- BVW - Brampton Valley Way, Welford Crossing NN6 8AA
- EH - Hunsbury Hill library, Overslade Close, East Hunsbury NN4 0RZ
- MCP - Moulton Co-op NN3 7TB
- CC - Nene Whitewater Centre, Bedford Road NN4 7AA

Maps are available for start locations [here](#).

CTC aims to cater for a wide range of rider abilities. On C, D & E rides we will wait for the last rider. On A & B rides, riders are expected to meet the average speeds indicated or be able to make their own way home.

Please bring lights with you on winter rides. Most rides are planned to be completed in daylight but sometimes, that's not possible.

Lights are always a good idea at this time of year.

Information

For contact on the ride (e.g. if you miss a turn or have a problem at the back of the group), or need to contact the group at the start of the ride, the following are regular riders' mobile phone numbers:

- Secretary - Brian Tunbridge 01604 622073
- Rides Secretary - Iain Dawson 0790 999 2468

Mobile phones must not be relied upon but are there as a secondary means of communication on the ride in the event of a problem.

Riders must be prepared for foreseeable problems such as punctures or providing for minor cuts.

Please contact the rides secretary if you would like to attend the Rides Planning Meeting. You are also welcome to forward any suggestions prior to the meeting.